

ExploreAstrology.com

SATURN RETURN

Welcome to your Saturn Return. Feels great, huh? A person's first Saturn Return is kind of a big deal astrologically. It's like an astrological Bat Mitzvah. Your own personal coming of age. So how does it feel to be all grown up? Welcome to adulthood - sucks doesn't it? I shouldn't say that. Half of you don't know what I'm talking about. This is the best time of your life. Things couldn't be better. Life is wonderful. The other half of you want to jump off a cliff. That's the nature of a Saturn Return.

Technically, a Saturn Return is the point at which the planet Saturn comes back (returns) to the same sign and degree it was at the time you were born. Saturn takes about 28-30 years to go around the chart. This is the first time Saturn has come around for you. The first Saturn Return is extremely significant in a person's life. Ask almost anyone over the age of 30 about what happened to him or her between the ages of 28-30. Boom. You hear it all. I got married. I got divorced. My parents died. I went to prison. I started my own business. I had a baby. I got promoted. It's the most wonderful, awful, exciting, crazy and challenging time imaginable. There's no one way it's influence will definitely be felt. So, alas, I cannot tell you exactly what to do to make everything right. I can tell you the significance of the Saturn Return and what it is trying to teach you.

Saturn is about moving into a new level of maturity and responsibility. You will reap the results of past actions (both good and bad) as well as face challenging choices. If your past actions have been selfish, stupid or short-sighted, that fact will be brought home to you now as never before. You decide to cheat on your spouse. You get caught. You get divorced. Or you work hard at a new job. You laugh at the boss's jokes. You get promoted. Both are examples of reaping what you have sown.

Choices are offered to you now that seem to push your buttons. You're offered a great new job. But it's in Alaska and your home is in Miami. Are you ready to leave family and friends and become a stranger in a strange land? Saturn often asks us to let go of what we are holding onto the hardest.

Unfortunately, sometimes it seems as if we are struggling with something we did nothing to deserve and have no control over. Someone we love passes away. Or we get sick. Life just throws us a curve. When that happens, it forces us to dig down inside for strength we never knew we had. We develop skills we never thought we would need. At the end of the Saturn Return, you will have moved into a new level of being. You get the opportunity to face your fears and become a better and stronger person. The canvas of your life somehow gets bigger and you ultimately emerge much stronger. The only problem with this is it doesn't always feel very good. We don't mind growing, we just don't want to be uncomfortable while we're doing it.

All this sounds somewhat unappealing, doesn't it? Life is sometimes like that. All vegetables and no desert. Instead of moaning and groaning or falling into a depression about how hard life is, work toward the rewards of Saturn. (Yes, there are rewards). Saturn is about reality and truth. It brings with it the

power to ground ideas. It's a great energy for writers. One famous writer is quoted as saying "writing is 99% perspiration and 1% inspiration". Now you can sit down and work hard at something. Whatever passion you have, now is the time you can make it a reality. Remember, Saturn always rewards hard work. Take this time and use it to conquer whatever fears have been holding you back. You Can Do It! (679)

Copyright © 2009 • Susan Reynolds • ExploreAstrology.com
tel: 404 725-5968 • email: Explore@ExploreAstrology.com