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MERCURY RETROGRADE

On September 6th, Mercury turns retrograde. I know we have all heard the jokes and horror stories about Mercury retrograde. Even those who know next to nothing about astrology know that Mercury Retrograde is BAD. But is it? Most people know that Mercury rules our communications. When any planet goes retrograde it simply means that it looks as if it is moving backward. In our high stress, busy world, we are inundated with messages from every communication source possible. We not only have a land line telephone but a cell phone as well. We text, twitter and email numerous times a day. Our lives are dependant on all the many gadgets that seem to be needed to make it thru the day. It's a delicate balancing act at best. And then along comes the planet that's in charge of all this information and we cannot seem to get from point A to point B without some sort of breakdown. Mail gets lost, computer files get corrupted and documents get lost. Worst of all there is only so much we can do to guard against the trickier aspects of Mercury. I always tell clients to double-check appointments and avoid signing important paperwork if at all possible. When we take action during retrograde periods we often end up redoing some part of it. Hence, you do not want to buy a new car during this period. Retrograde motion seems slower, so that's why astrologers talk about delays and the need for extra time. I hear lots of moans and groans about Mercury retrograde, but few discussions about the up side of this period. That's right, there is an upside to

Mercury retrograde. Because our outer life is not working at top speed during this time, it's easier to pay attention to our inner voice. We slow down and are able to listen to guidance from a higher source. Depending on what sign Mercury falls in, this can be a super psychic time. This particular Mercury retrograde period falls in Libra. Because Libra is all about love, beauty and harmony, we get the opportunity to revisit those areas of our lives. Did we really make the right decision - well here is where we find out. Put the pleasing aspects of Libra together with the verbal qualities of Mercury and you have a good combination for diplomacy. Touchy subjects can be brought up without anger or defensiveness. Seeing both sides of a situation is more likely now. Making sure you are gentle and tactful will help you get painful points across without insult. Who are the people you have the most trouble talking to? A boss? Your mother? A spouse? These are the people you can talk to now with a greater chance of success. They will be able to hear you. And just as important, you will be able to hear them. Let's hear it for Mercury retrograde!